

Triangle Capital Corporation Receives Five Awards from Institutional Investor Magazine

December 19, 2017

RALEIGH, N.C., Dec. 19, 2017 (GLOBE NEWSWIRE) -- **Triangle Capital Corporation**(NYSE:TCAP) ("Triangle" or the "Company"), a leading provider of capital to lower middle market companies, announced today that the Company has received five awards from *Institutional Investor Magazine* part of the magazine's 2018 All-America Executive Team awards.

In the category of Brokers, Asset Managers, and Exchanges, Steven C. Lilly, the Company's Chief Financial Officer, received the number one ranking as Best CFO (sell side) and the number two ranking as Best CFO (overall). Within the Small Cap Financial Institutions category, Mr. Lilly received the number one ranking as Best CFO. In addition to the Best CFO awards, within the Small Cap Financial Institutions category, Triangle Capital Corporation received the number one ranking for the Best Analyst Day and the number three ranking for the Best Investor Relations Program.

Commenting on these awards, E. Ashton Poole, Chairman and CEO, stated, "It is a great honor for Triangle to be recognized by *Institutional Investor Magazine*. The Brokers, Asset Managers & Exchanges category includes some of the world's largest and most recognizable companies, which makes Steven's achievement as a leading CFO even more noteworthy. The Small Cap Financial Institutions sector contains 186 companies with market capitalizations less than \$2 billion, and for Triangle to receive three recognitions in that category is equally impressive. I am proud of the entire Triangle team for this well-deserved recognition."

These awards mark the third time that Mr. Lilly and Triangle have been honored by *Institutional Investor Magazine*, as Mr. Lilly was named one of America's Best CFOs in both 2014 and 2016.

About Triangle Capital Corporation

Triangle Capital Corporation (www.TCAP.com) invests capital in established companies in the lower middle market to fund growth, changes of control and other corporate events. Triangle offers a wide variety of debt and equity investment structures including first lien, unitranche, second lien, and mezzanine with equity components. Triangle's investment objective is to seek attractive returns by generating current income from debt investments and capital appreciation from equity related investments. Triangle's investment philosophy is to partner with business owners, management teams and financial sponsors to provide flexible financing solutions. Triangle typically invests \$5.0 million - \$50.0 million per transaction in companies with annual revenues between \$20.0 million and \$300.0 million and EBITDA between \$5.0 million and \$75.0 million.

Triangle has elected to be treated as a business development company under the Investment Company Act of 1940 ("1940 Act"). Triangle is required to comply with a series of regulatory requirements under the 1940 Act as well as applicable NYSE, federal and state laws and regulations. Triangle has elected to be treated as a regulated investment company under the Internal Revenue Code of 1986. Failure to comply with any of the laws and regulations that apply to Triangle could have a material adverse effect on Triangle and its stockholders.

Forward Looking Statements

This press release may contain forward-looking statements regarding the plans and objectives of management for future operations. Any such forward-looking statements may involve known and unknown risks, uncertainties and other factors which may cause our actual results, performance or achievements to be materially different from future results, performance or achievements expressed or implied by any forward-looking statements. Forward-looking statements, which involve assumptions and describe our future plans, strategies and expectations, are generally identifiable by use of the words "may," "will," "should," "expect," "anticipate," "estimate," "believe," "intend," "target," "goals," "plan," "forecast," "guidance," "project," other variations on these words or comparable terminology, or the negative of these words. These forward-looking statements are based on assumptions that may be incorrect, and we cannot assure you that the projections included in these forward-looking statements will come to pass. Our actual results could differ materially from those expressed or implied by the forward-looking statements as a result of various factors, including the factors discussed in our annual reports on Form 10-K, quarterly reports on Form 10-Q, current reports on Form 8-K and other documents or reports that we in the future may file with the Securities and Exchange Commission (the "SEC"). Copies of any reports or documents we file with the SEC are publicly available on the SEC's website at www.sec.gov, and stockholders may receive a hard copy of our completed audited financial statements free of charge upon request to the Company at 3700 Glenwood Avenue, Suite 530, Raleigh, NC 27612.

We have based any forward-looking statements included in this press release on information available to us on the date of this press release, and we assume no obligation to update any such forward-looking statements, unless we are required to do so by applicable law. However, you are advised to consult any additional disclosures that we may make directly to you or through reports that we in the future may file with the SEC, including subsequent annual reports on Form 10-K, quarterly reports on Form 10-Q and current reports on Form 8-K.

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Source: Triangle Capital Corporation